

HELLO!

CANADA • No 34 • 7 MAY 2007

EXCLUSIVE 10-PAGE REPORT

BRAVE KATE MOVES ON WITHOUT WILLIAM

WILLIAM'S
STRUGGLE

Spa like a celebrity

Want to know where Hollywood's A-listers go for some R and R? Here are Canada's top five celebrity spa hot spots where you'll also get the star treatment

Bancroft, Ontario Grail Springs

If you want to rub robes with celebs like Cara Pifko and Jim Carrey, the pastoral destination spa at Grail Springs is your best bet. Try the holistic Four-Layer Seaweed Therapy Mask, where fresh seaweed is layered on the face to help firm and tone the skin, followed by a facial massage and two masks: a cooling seaweed one and a mineral-rich thermal mask that bring a natural radiance back to the skin. The spa also offers many specially themed retreats, replete with nutrition and recreation elements, including outdoor pursuits such as horseback riding, cross-country skiing or swimming. One of the most popular right now is a week-long retreat revolving around the self-fulfillment book and documentary *The Secret*, which was made even more buzzworthy by lots of talk-show air time on *Oprah*, *Ellen* and *Larry King*.

Left to right: Moor Spa Austrian Moor Body Care Joint Balm, \$38, Skin Care Facial Mask, \$39, and Skin Care Cleansing Milk, Grail Springs Spa, www.grailsprings.com



Cara Pifko